

MAY 2026



MONTHLY NEWSLETTER OF
KAMALA SUNDARAM FOUNDATION

THE KSF BULLETIN



**More than
6000 camps
organised**



**More than
3,50,000
houses
screened in
slums**



**More than 10
million lives
touched**

Kamala Sundaram Foundation

Kamala Sundaram Foundation, previously known as Aditya Jyot Foundation for Twinkling Little Eyes (AJFTLE), is a non-profit organization, established in 2005, which was born out of the desire expressed by Dr A P J Abdul Kalam (former president of India).



Read More on our website
www.ksfin.org

MEET THE TRUSTEES

Guided by a shared vision and a deep commitment to social change, our Trustees provide strategic leadership and governance, ensure we stay true to our mission and create lasting impression.



Prof. Dr. S. Natarajan
Managing Trustee
Kamala Sundaram
Foundation



Mr. Uday Salunkhe
Trustee

Group Director -
Welingkar Institute of
Management



Dr. Krishnan Iyengar
Trustee

Professional
Physiotherapist



Dr. Sulabha
Karunanidhi
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Special Educator,
Former President of
the Erasmus Mundus
Association (EMA)
Indian Chapter



Mr. Vaidyanathan K
Trustee

CSR and
Development Advisor

A Message from the Managing Trustee



“*Healthcare is most impactful when it is delivered with compassion.*”

Dear Friends, Donors, and Well-Wishers,

I hope this message finds you and your loved ones in good health and spirits.

The month of May held special significance for all of us at the foundation. On 1st May 2026, we commemorated the 126th Birth Anniversary of my grandfather, Dr. Nataraja Pillai, whose dedication to serving humanity continues to inspire our work every day. To honor his memory, we organized a community eye care camp, bringing essential eye screening and care services to those who may otherwise have limited access to such facilities.

May was also a period of consolidation and strengthening for our institution. Alongside our ongoing outreach initiatives, we undertook important upgrades to our operation theatre infrastructure. These enhancements, though temporarily affecting surgical schedules, represent our commitment to providing safe, high-quality eye care and preparing for increased service delivery in the future. We believe that investing in better infrastructure today will enable us to serve a greater number of patients with enhanced efficiency, safety, and comfort in the years ahead.

As I interacted with the beneficiaries and witnessed the impact of the camp, I was reminded that true service lies not only in treating illness but also in preserving dignity, hope, and quality of life. Every patient we reach is a step closer to our shared vision of eliminating preventable blindness and ensuring that quality eye care is accessible to all.

The month also witnessed continued outreach efforts, community screening activities, and the strengthening of partnerships that enable us to extend our services to underserved populations. These collective efforts reinforce our commitment to creating sustainable and accessible eye care solutions for those who need them most.

As always, none of our work would be possible without your continued trust, encouragement, and support. Every contribution, every word of encouragement, and every act of kindness helps us extend our reach to more individuals and communities in need.

On behalf of everyone at the foundation, I thank you for being a part of this journey. Together, we continue to transform lives—one patient, one family, and one community at a time.

Warm regards,

Prof. Dr. S. Natarajan

Managing Trustee

Kamala Sundaram Foundation

EXPERT INSIGHTS

The Eye: The Only Place in the Human Body Where Doctors Can See Blood Vessels Without Surgery



DR. AVIK DEY SARKAR
MBBS, MS, FVRS, FAICO(VR)
MEDICAL DIRECTOR, SENIOR CONSULTANT &
VITREO-RETINAL SURGERY

“When an ophthalmologist examines the retina, they are not simply checking vision—they are observing a living extension of the brain.

Imagine visiting an eye doctor for a routine examination and discovering that the test may reveal clues about your risk of diabetes, hypertension, stroke, or even Alzheimer's disease.

It sounds extraordinary, but it is true.

The human eye is often called the "window to the soul." From a medical perspective, however, it is something even more remarkable: the only place in the body where doctors can directly observe blood vessels, nerves, and living tissue without making a single incision.

When an ophthalmologist looks into the back of the eye, known as the retina, they are not simply checking vision. They are observing a living extension of the brain and a network of blood vessels that can reveal the earliest signs of systemic disease.

In many cases, the eye tells a story before the rest of the body does.

A patient may come in complaining only of blurred vision, yet an examination reveals tiny leaks in retinal blood vessels—an early sign of diabetes. Another patient may be unaware of dangerously high blood pressure until characteristic changes in the retinal arteries are detected during an eye examination. Sometimes, the first indication of a life-threatening vascular problem appears not in the heart or brain, but in the eye.

This unique ability to observe the body's microcirculation makes ophthalmology one of the most fascinating specialties in medicine.

Researchers today are exploring whether advanced retinal imaging can help identify neurological disorders years before symptoms appear. Because the retina and the brain share the same embryological origin, subtle changes in retinal nerve fibers may provide valuable insights into conditions such as Parkinson's disease, Alzheimer's disease, and multiple sclerosis.

The future of eye care may therefore extend far beyond preserving sight. It may help predict and prevent some of the most challenging diseases of our time.

Yet despite these remarkable advances, millions of people still lose vision from preventable causes. Cataracts, glaucoma, diabetic retinopathy, and refractive errors continue to affect communities that lack access to timely eye care. This is why outreach camps, screening programs, and community-based initiatives remain essential.

Every eye examination has the potential to do more than improve vision. It can uncover hidden disease, prevent disability, and sometimes even save a life.

The next time you look into someone's eyes, remember that they are not merely organs of sight. They are living mirrors of health, quietly reflecting what may be happening throughout the entire body.

And that is what makes the eye one of nature's most extraordinary creations.

OUR VISION & MISSION

At Kamala Sundaram Foundation, everything we do is guided by a clear purpose and a deep commitment to create meaningful, lasting change.



OUR VISION

To provide quality eye care to all those in need through a system based on community participation & commitment.



OUR MISSION

To render charitable services through a system built on society participation to ensure quality eye care to all. This will also include educational activities to highlight eye donation and preventive aspects of eye care.

ACTIVITY REPORT

MAY 2026

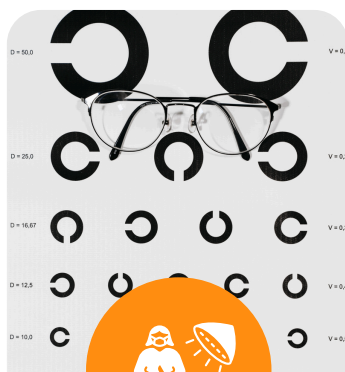
A month of purpose, partnership and impact. Together, we continue to empower lives and strengthen communities through meaningful action and collaboration.

Our program impact



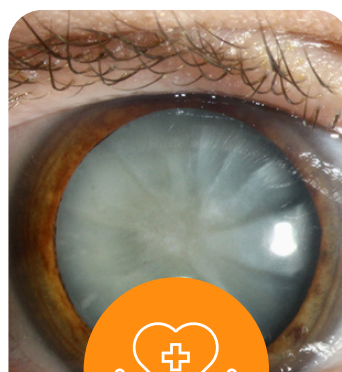
Beneficiaries Screened
452

Community
Members Screened



Refractive Errors
125

Individuals
Identified for
Spectacle
Correction



Cataracts Detected
42

Cataracts Detected



Advance Care
55

Patients Referred for
Advanced Treatment

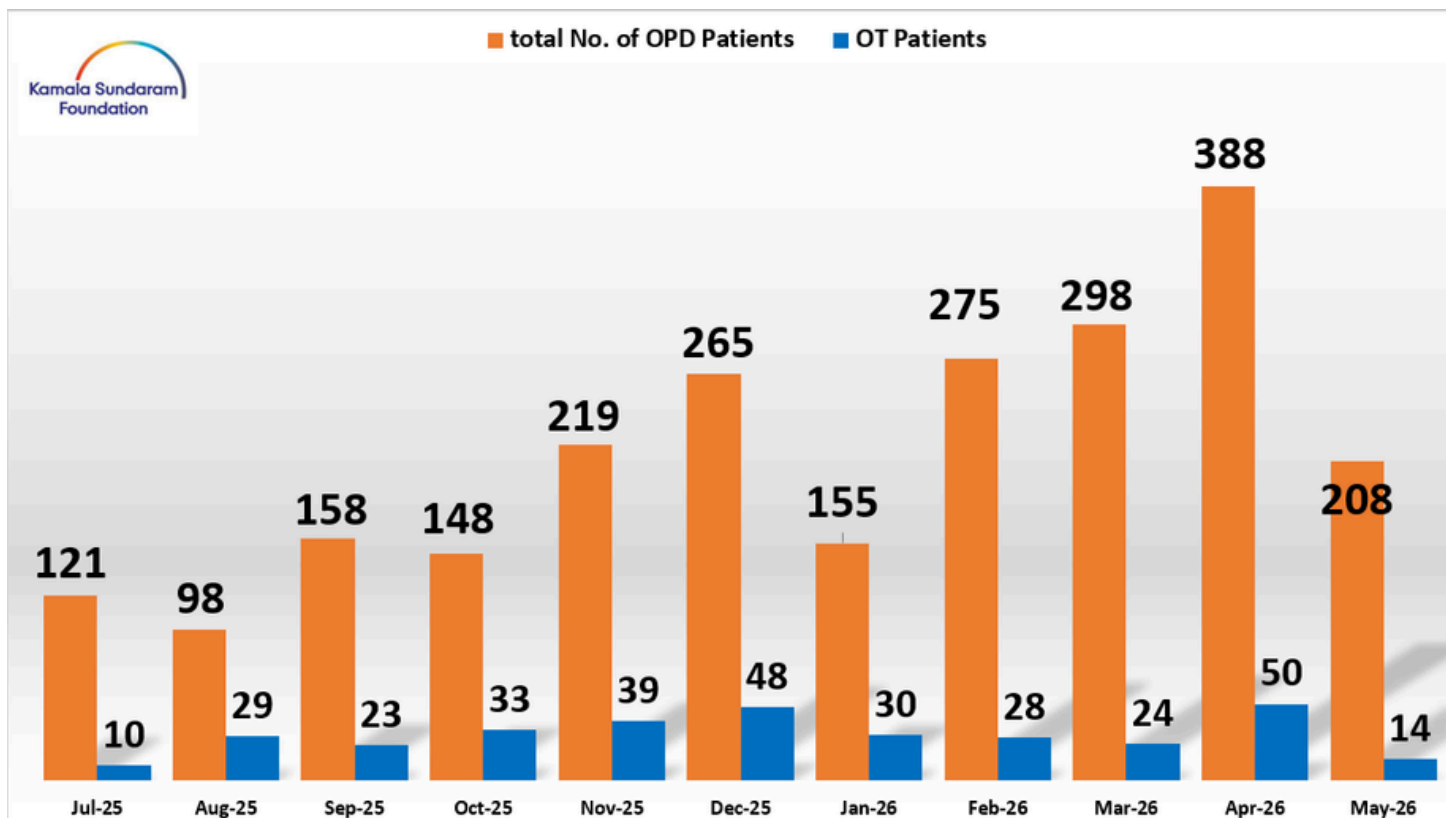
PROJECT UPDATE

sahachari
FOUNDATION
spreading joy

Light of Hope Project
Supported by
Sahachari Foundation

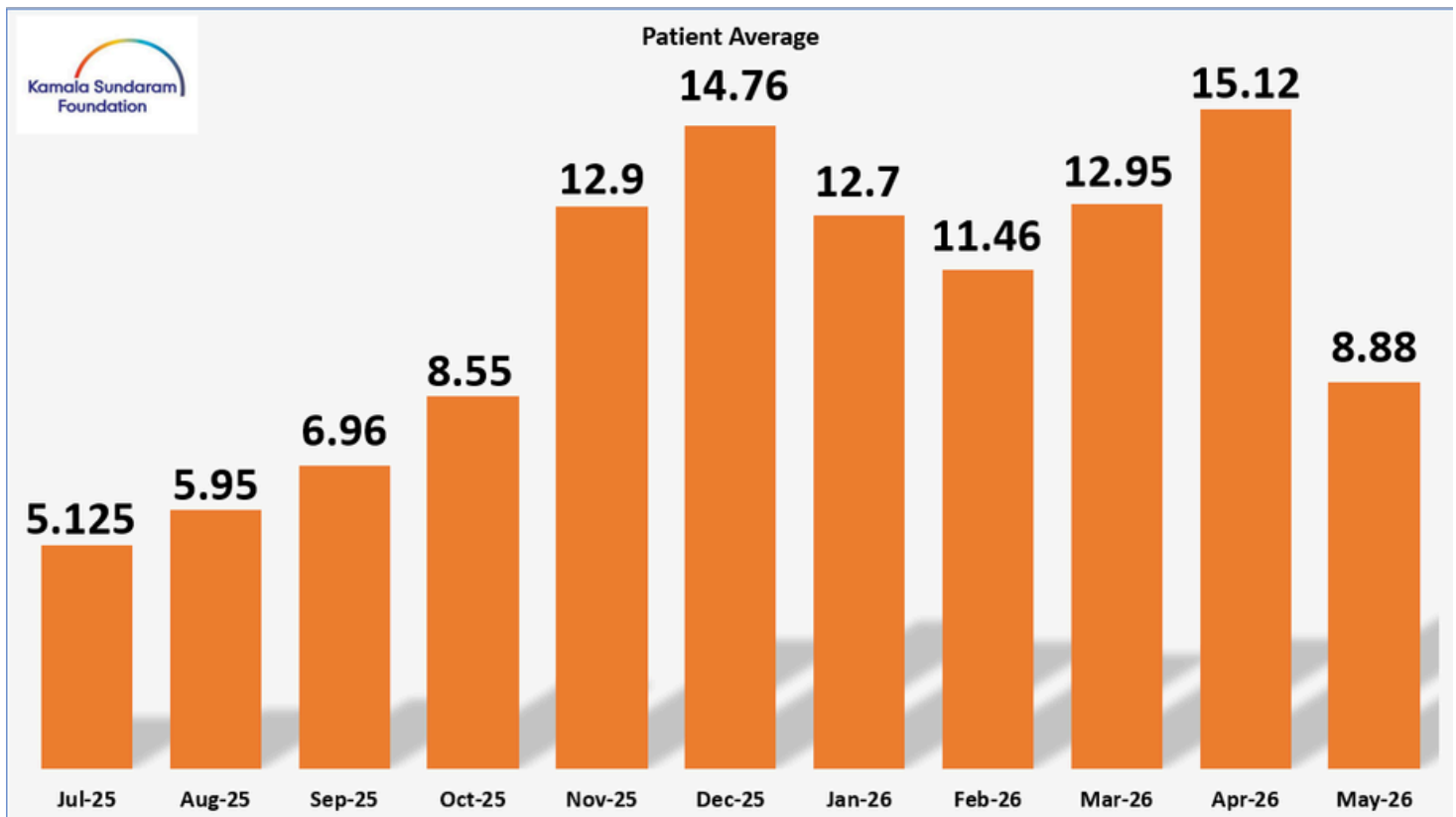
The Chembur Center is headed by Dr. Avik Dey Sarkar under the able leadership of Padmashree Prof. Dr. S. Natarajan

OPD & OT Patients

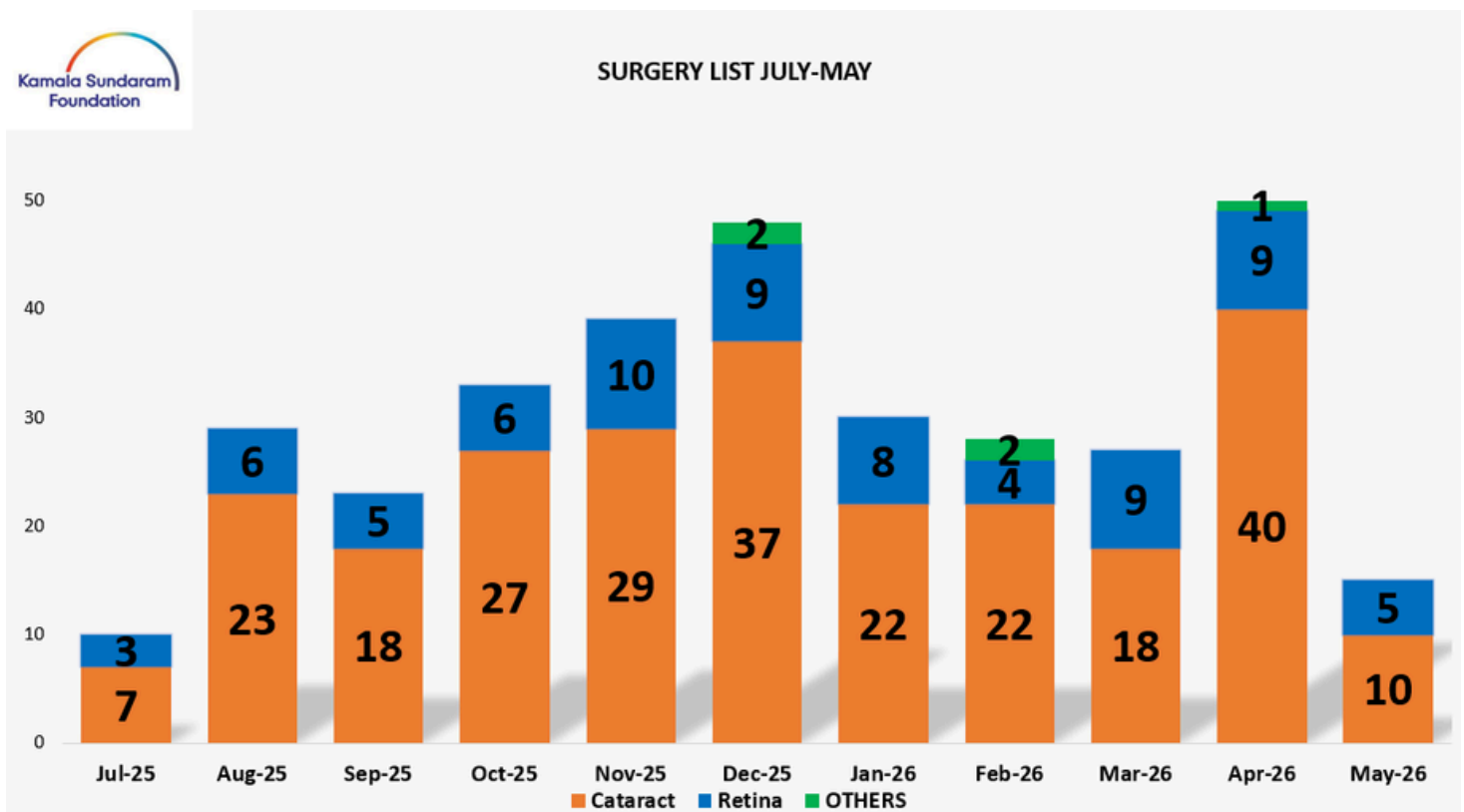


Building for the Future: May was a month of infrastructure enhancement, with operation theatre upgrades undertaken to support safer surgeries and increased patient volumes in the coming months.

Patient Average



Surgery List



Building for the Future: May was a month of infrastructure enhancement, with operation theatre upgrades undertaken to support safer surgeries and increased patient volumes in the coming months.

Screening Camps
Supported by
GBK Charitable Trust
&
Sahachari Foundation

Number of Camps for May 2026



NUMBER OF CAMPS IN THE MONTH OF MAY 2026

DATE	CAMP PLACE	TOTAL PTS
1/5/2026	AGARWADI, MANKHURD	46
2/5/2026	CHEDA NAGAR, MURGAN TEMPLE	22
9/5/2026	RAJIV GANDHI NAGAR, ANTOPHILL	35
15/5/26	VELLNKANI CHURCH , GOVANDI	30
19/5/26	GAIKWAD NAGAR, CHEMBUR	33
21/5/26	P L LOKHANDE MARG, CHEMBUR	33
23/5/26	PRIYADARDHI BUDDHA VIHAR, CHEMBUR	56
26/5/26	BORBA DEVI MANDIR GOVANDI	31
	TOTAL CAMP - 8	286
May	Total Van Mobile Van Visits : 10	166



Kamala Sundaram Foundation
कमला सुंदरम फाउंडेशन
In Association with
GBK Charitable Trust
Conducting
FREE DIABETIC EYE SCREENING CAMP
मोफ्त नेत्र तपासणी

Email ID : admin@ksfin.org • Website : www.ksfin.org
Contact No.: 8446566498 / 8652105658

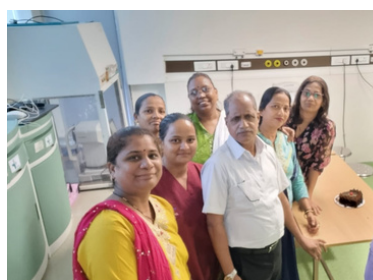
Chembur Center



OT upgradation in progress



A heartfelt thank you to Mr. Nayan Nirhali for sponsoring five cataract surgeries and bringing light back into the lives of those in need.



For the month of May we celebrated the birthdays of Mr. Joseph Thomas, Dr. Avik Dey Sarkar, and Mrs. Meenakshi Tapeta. Wishing them happiness, good health, and continued success. Thank you for being an integral part of the Kamala Sundaram Foundation family.

Camps






Kamala Sundaram Foundation
कमला सुंदरम फाउंडेशन

In collaboration with
Sundaram Natarajan Blind Free India Foundation



**FREE EYE CHECK-UP CAMP &
FREE CATARACT/RETINA SURGERY**

मोफत नेत्र तपासणी शिबिर मोफत मोतीबिंदू/रेटिना शस्त्रक्रिया (अटी लागू)

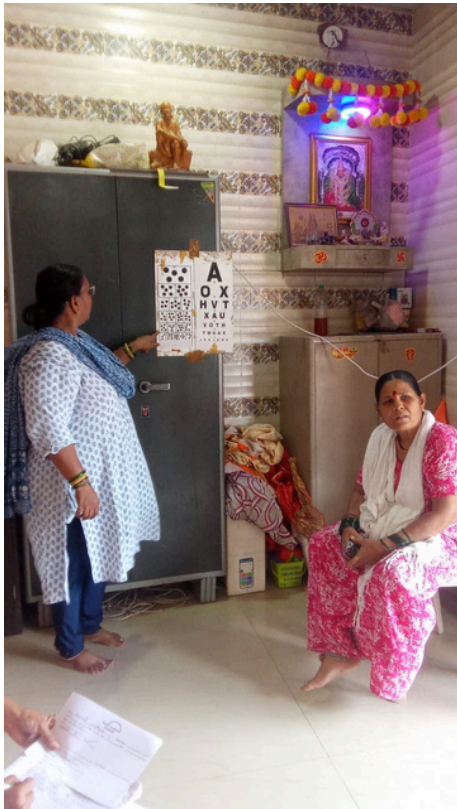
Commemorating
**126th Birth Anniversary of
Dr. S. Nataraja Pillai**
*and 99th Birth Anniversary of
Prof. Dr. N. S. Sundaram*

Key Services

- ✓ Free Eye Check-up
- ✓ Cataract Detection
- ✓ Free Cataract Surgery / Retina Treatments / Retina Surgery*
- ✓ Low-Cost Spectacles
- ✓ Treatment by Experienced Eye Specialists

Please Register at the Camp Desk

*Free cataract surgery/retina treatment/retina surgery for eligible patients only and first come first served basis. Terms & conditions apply.



Satellite OPD at Dharavi



Celebrating Excellence in Community Service

Our heartfelt congratulations to our Social Worker on receiving this prestigious recognition from the YuvaSaath Foundation for outstanding medical service and commitment to society. Her unwavering dedication to community eye care continues to make a meaningful difference in countless lives.

Accomplishment

- More than 12 million lives touched.
- More than 3,50,000 slum households enumerated
- 180000 slum dwellers have been screened for diabetes.
- 6202 camps in Mumbai and other parts of Maharashtra.
- 5596 diabetics were evaluated for Retinopathy.
- “World Diabetes Federation” acclaimed our Diabetic Retinopathy project as one of the top five projects of Diabetes Care in world.
- Our work has been highlighted in international corner of American society of Retina specialist (ASRS).

Our Great Supporters for the Present Projects

- M/s ARN Capital
- Trust Investment
- Core Jewelry Pvt. Ltd
- Alykl Mines Chemicals Ltd.
- Orange Corporation
- Radiant Precicom Industries Pvt. Ltd.
- AGS Community Foundation
- Rotary Club of Mumbai Sion
- SSD Securities Pvt. Ltd.
- Minera Steel & Power Pvt. Ltd.
- AJERI Foundation
- Barjatya Family Charitable Trust
- Mr. G Anantharaman
- Oculas Medical Devices
- Padmashree Prof. Dr. S. Natarajan
- Mr. Sumukh Barve
- Adv. K G Menon
- M/s S. D. Finc-Chem Ltd
- Shri Sushil Jiwarajka
- GBK Charitable Trust
- Mr & Mrs Shankaran
- Kamala Dalmia Charity Trust

**With Your Support, We will be
one step closer to our aim of
“Blind Free Maharashtra”**

**We look forward to your continued support, the bank details
are as follows:**

Bank Name: Indian Bank
A/c Name: Kamala Sundaram Foundation
A/c No: 6232553298
Branch : BRANCH - MATUNGA BAZAAR ,
MUMBAI
IFSC Code : IDIB000M049
Branch Code: 00M049
MICR Code: 400019017



UPI ID : kamalasundrm5624@indianbk

Thank You

 Kamala Sundaram
Foundation