

AUGUST 2026



**BLIND FREE INDIA
FOUNDATION**
YOUR VISION IS OUR MISSION

MONTHLY NEWSLETTER OF
KAMALA SUNDARAM FOUNDATION

THE KSF BULLETIN



**More than
6200 camps
organised**



**More than
3,50,000
houses
screened in
slums**



**More than 10
million lives
touched**

Kamala Sundaram Foundation

Kamala Sundaram Foundation, previously known as Aditya Jyot Foundation for Twinkling Little Eyes (AJFTLE), is a non-profit organization, established in 2005, which was born out of the desire expressed by Dr A P J Abdul Kalam (former president of India).



*Read More on our website
www.ksfin.org*

MEET THE TRUSTEES

Guided by a shared vision and a deep commitment to social change, our Trustees provide strategic leadership and governance, ensure we stay true to our mission and create lasting impression.



Prof. Dr. S. Natarajan
Managing Trustee
Kamala Sundaram
Foundation



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Group Director -
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Dr. Krishnan Iyengar
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Physiotherapist



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Karunanidhi
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Special Educator,
Former President of
the Erasmus Mundus
Association (EMA)
Indian Chapter



Mr. Vaidyanathan K
Trustee

CSR and
Development Advisor

A Message from the Managing Trustee



“Every eye we protect, every vision we restore, and every life we touch brings us one step closer to a world without avoidable blindness.”

Dear Friends, Donors, and Well-Wishers,

August has been a particularly meaningful month for the Kamala Sundaram Foundation—a month that brought together advocacy, education, service and the generosity of our community.

One important development has been the Public Interest Litigation (PIL) filed by the Ocular Trauma Society of India (OTSI), with the support of Kamala Sundaram Foundation, concerning the prevention of firecracker-related eye injuries. The Directorate General of Health Services (DGHS), Ministry of Health & Family Welfare, Government of India, has issued the Guidelines for Safe Handling and Use of Firecrackers in India 2026. The Hon'ble Court has also permitted OTSI to submit a detailed representation highlighting areas where these guidelines may require further strengthening.

OTSI will accordingly present comprehensive recommendations based on clinical evidence, epidemiological data, and national and international best practices. This is an important opportunity to advocate for stronger preventive measures and greater public awareness. As ophthalmologists, we know that many ocular injuries caused by firecrackers can have lifelong consequences. Prevention, therefore, must remain as important as treatment.

Kamala Sundaram Eye Center, Chembur recently completed its first anniversary. To commemorate this milestone, we organised a Continuing Medical Education (CME) programme for ophthalmologists on 29th August 2026 at HBT Medical College and Dr. R. N. Cooper Municipal General Hospital. The programme brought together members of the ophthalmic fraternity for an enriching exchange of knowledge and clinical perspectives. I am grateful to all the distinguished faculty, speakers, doctors and colleagues whose participation made the CME a success.

Another memorable initiative this month was our donor meet held on 23rd August 2026 for our project, “80 Years of Freedom, 80 Lives in Focus.” Through this initiative, we sought support for 80 cataract surgeries, symbolising 80 eyes receiving the opportunity for clearer vision as India celebrates 80 years of freedom. The response from our donors and well-wishers was deeply encouraging, and their generosity will translate directly into sight-restoring surgeries for those in need.

These milestones reflect the larger purpose of the Kamala Sundaram Foundation. Our work is not limited to treating patients within the walls of an eye centre. It extends to preventing avoidable blindness, advancing ophthalmic knowledge, advocating for eye safety, and ensuring that quality eye care reaches those who need it most.

Together, we will continue working towards a future where financial circumstances do not stand between an individual and the gift of sight.

With warm regards,

Dr. S. Natarajan
Managing Trustee
Kamala Sundaram Foundation

EXPERT INSIGHTS

A Retina Specialist's Message for the Festive Season



DR. AVIK DEY SARKAR
MBBS(Hons.), MS, FVRS, FAICO(VR)
MEDICAL DIRECTOR, SENIOR CONSULTANT &
VITREO-RETINAL SURGERY

” *Celebrate with Joy,
Protect Your Sight*

As Mumbai welcomes the festive season—from the joyous celebrations of Gokulashtami to Ganesh Chaturthi and Ganpati Visarjan—our streets and communities come alive with lights, music, processions and celebration.

Festivals bring us together, but as an ophthalmologist and retina specialist, I would also like to draw attention to something we often take for granted during these celebrations—our eyesight.

When Celebration Can Become an Eye Emergency

During large celebrations and processions, the eyes may be exposed to accidental trauma, intense lights, lasers, dust and foreign particles. While many eye injuries are minor, some can affect the structures at the back of the eye, including the retina, and may threaten vision.

One area of particular concern is the increasing use of high-powered laser lights at public celebrations and processions.

The retina is a delicate, light-sensitive layer at the back of the eye. Unlike ordinary decorative lighting, a powerful laser beam directed into the eye can concentrate energy on the retina and cause injury.

This is not merely a theoretical risk. An Indian study reported 34 eyes of 34 young men who developed retinal/subhyaloid haemorrhage following accidental exposure to laser projections during a Ganpati festival procession in Maharashtra. The injuries involved the macular region—the part of the retina responsible for our sharp central vision.

A Simple Rule: Never Look Directly at a Laser Beam

During processions, concerts or celebrations using laser equipment, avoid looking directly toward the source of the laser. Children and young adults should be particularly careful, and laser devices should never be pointed towards another person's face or eyes.

Remember that absence of pain does not necessarily mean absence of retinal injury.

If, after exposure to a bright laser or following an accidental injury, you suddenly notice blurred or reduced vision, a dark patch in the centre of your vision, distortion of objects, new floaters or flashes of light, seek an ophthalmologist's opinion promptly.

Be Careful in Crowded Celebrations Too

Dahi Handi celebrations and Ganpati processions often involve large crowds and considerable physical activity. An accidental blow from an elbow, hand, object or fall can injure the eye.

A significant impact can sometimes affect the retina even when there is little visible injury on the outside of the eye.

After an eye injury, sudden flashes, a shower of new floaters, a shadow or curtain across the vision, or sudden loss of vision should never be ignored. These symptoms require urgent retinal evaluation.

What Should You Do If the Eye Is Injured?

Do not rub or press an injured eye. Do not attempt to remove an object that appears embedded in the eye, and avoid putting unprescribed drops or home remedies into it.

If there is a significant injury or sudden change in vision, have the eye examined by an ophthalmologist as early as possible.

Enjoy the Festival—Safely

Festivals are meant to leave us with beautiful memories, not preventable injuries. A few moments of caution can protect something that is precious for a lifetime. As you participate in the celebrations this season, look out not only for yourself but also for the children, elderly family members and friends celebrating around you.

Celebrate wholeheartedly, but celebrate responsibly. Protect your eyes, protect your retina and protect your vision.

OUR VISION & MISSION

At Kamala Sundaram Foundation, everything we do is guided by a clear purpose and a deep commitment to create meaningful, lasting change.



OUR VISION

To provide quality eye care to all those in need through a system based on community participation & commitment.



OUR MISSION

To render charitable services through a system built on society participation to ensure quality eye care to all. This will also include educational activities to highlight eye donation and preventive aspects of eye care.

ACTIVITY REPORT

AUGUST 2026

A month of purpose, partnership and impact. Together, we continue to empower lives and strengthen communities through meaningful action and collaboration.

Our program impact



OPD Footfall
481

patients visited our
OPD services for
consultation and
treatment



Total Surgeries
44

Surgeries
performed overall,
improving lives and
restoring health.



Total Camps
12

Eye camps
conducted in urban
slums and
underserved
communities.



**Average Patient
visits per day**
20.43

Average daily patient
visits at our OPD

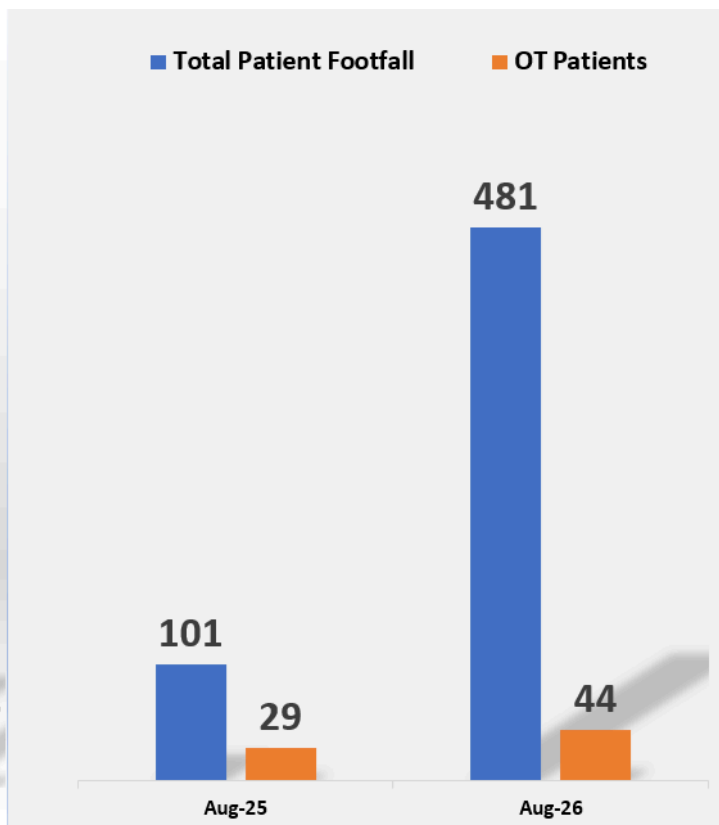
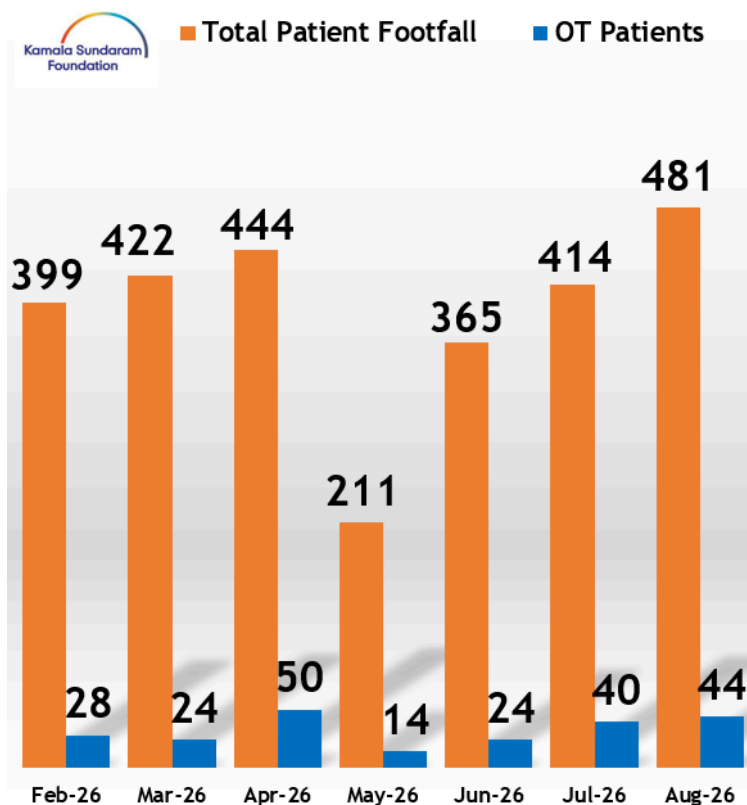
PROJECT UPDATE

sahachari
FOUNDATION
spreading joy

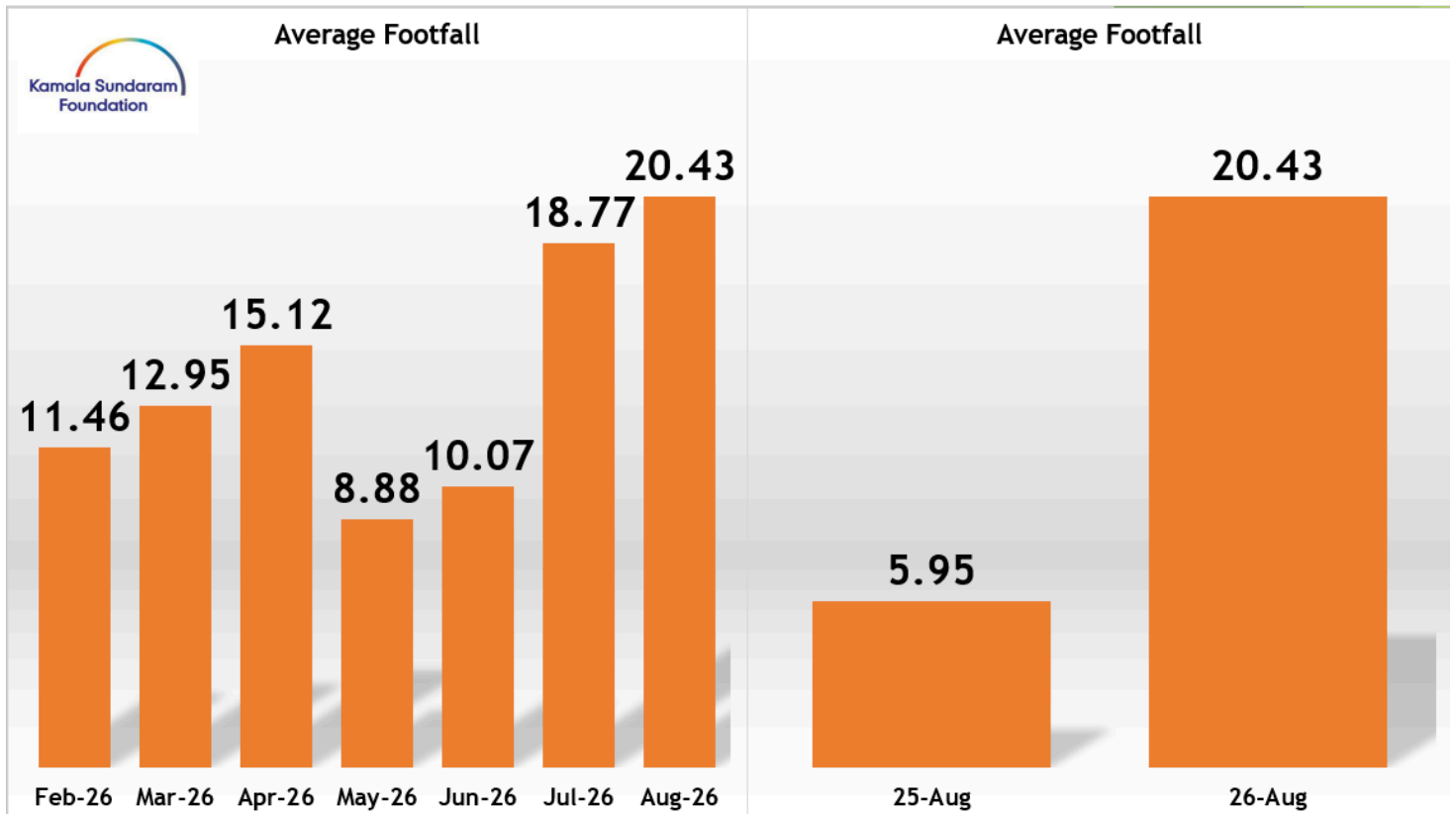
Light of Hope Project
Supported by
Sahachari Foundation

The Chembur Center is headed by Dr. Avik Dey Sarkar under the able leadership of Padmashree Prof. Dr. S. Natarajan

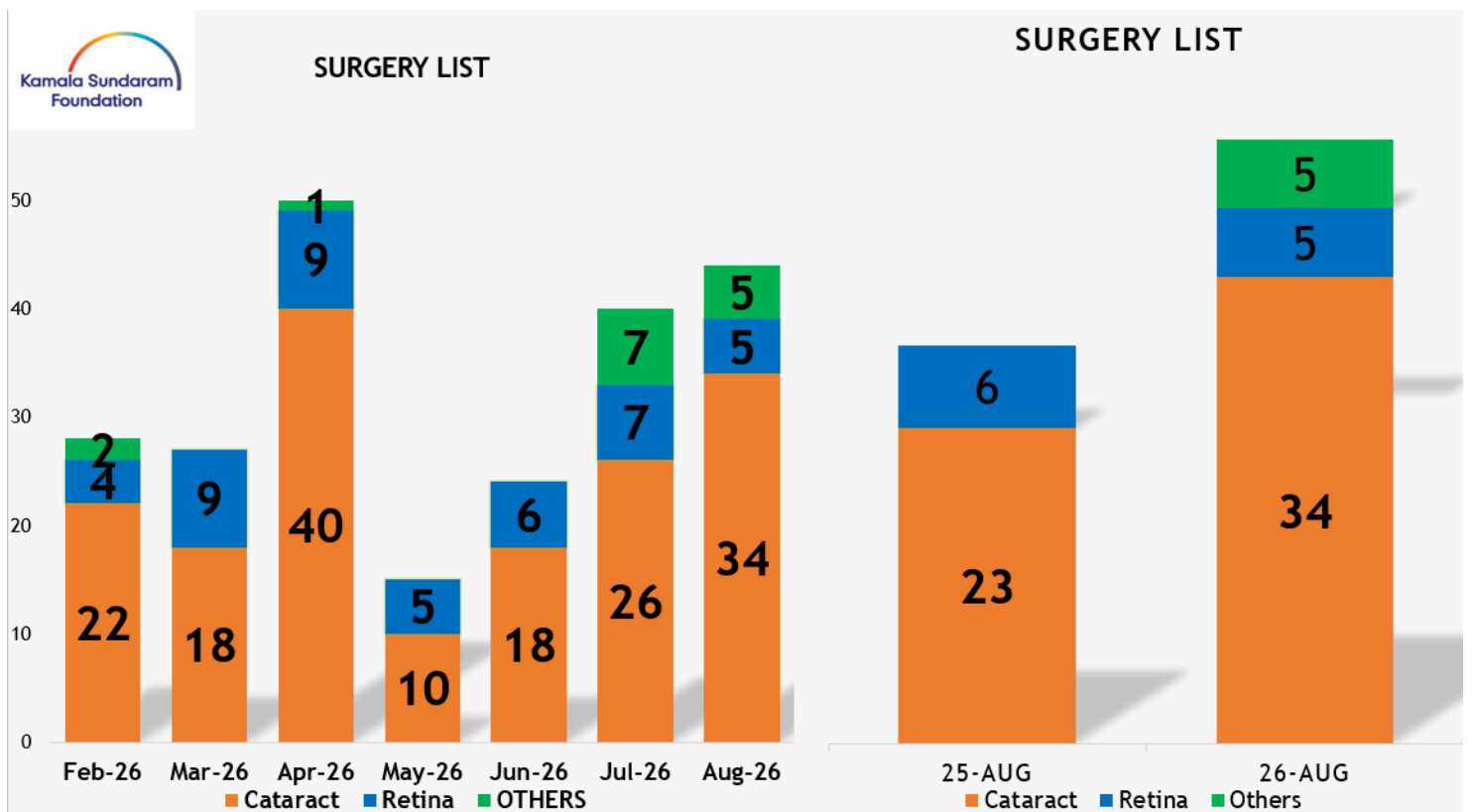
OPD & OT Patients



Patient Average



Surgery List



Screening Camps

Supported by

GBK Charitable Trust & Sahachari Foundation

Number of Camps for August 2026



Number of camps in the month of August'26

Sr. No.	Date	Location	Total Screened
1	4/8/2026	Govandi Borba Devi Mandir	59
2	6/8/2026	Thakkar Bappa Colony	46
3	8/8/2026	Cheda Nagar, Murugan Temple	15
4	10/8/2026	Amulakh School, Wadala	24
5	11/8/2026	Sainath Mitra Mandal, Qureshi Nagar, Kurla	25
6	12/8/2026	Shiva Mandir, Thakkar Bappa Colony, Kurla	52
7	18/8/2026	Sri Datta Mandir, Mandkhurd	35
8	20/8/2026	Jay Bajarang Mitra Mandal, Mankhurd	60
9	24/8/2026	Mankhurd, Buddha Vihar	42
10	25/8/2026	Shree Om Sai Bal Sewa Sangh, Lallubhai Compound, Mankhurd	36
11	26/8/2026	Ganga Mata Mandir, Thakkar Bappa, CST Road, Kurla	40
12	30/8/2026	Ramakrishna Mission Hospital, Sakwar	47
		Total Patients Screened	481



Kamala Sundaram Foundation
कमला सुंदरम फाउंडेशन

In Association with
GBK Charitable Trust
Conducting

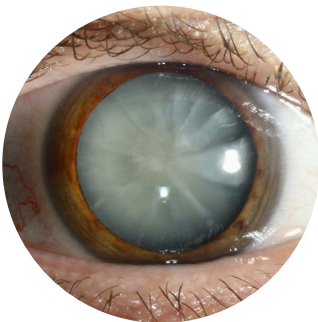
FREE DIABETIC EYE SCREENING CAMP
मोफ्त नेत्र तपासणी

Email ID : admin@ksfin.org • Website : www.ksfin.org
Contact No.: 8446566498 / 8652105658

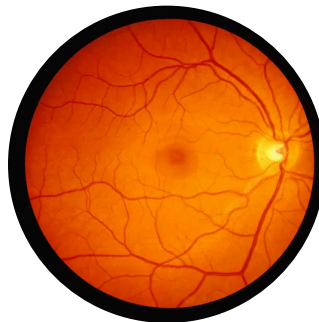
**Cataract Surgeries
&
Retinal Surgeries**
Supported by
ACG Cares Foundation

The Chembur Center is headed by Dr. Avik Dey Sarkar under the able leadership of Padmashree Prof. Dr. S. Natarajan

Support for August 2026



**13 Cataract
Surgeries**



1 Retina Surgery



**Supporting Our
Dedicated Staff**

**ACG Cares
Foundation**

Kamala Sundaram Eye Center at Chembur

Donors meet for 80 Years of Freedom, 80 Lives in Focus Project at Kamala Sundaram Eye Center



सकाळ

फास्ट न्यूज

वंचितांसाठी
मोफत मोतीबिंदू
शस्त्रक्रियांचा संकल्प

मुंबई : चेंबूर येथील कमला सुंदरम फाउंडेशनने आर्थिकदृष्ट्या दुर्बल रुग्णांसाठी ८० मोफत मोतीबिंदू शस्त्रक्रिया करण्याचा संकल्प केला आहे. फाउंडेशनचे संस्थापक संचालक पद्मश्री डॉ. एस. नटराजन आणि विश्वस्त डॉ. एस. कृष्णन यांच्या मार्गदर्शनाखाली हा उपक्रम राबविण्यात येत आहे. एप्रिल २०२५पासून आतापर्यंत ५०० हून अधिक नेत्रशस्त्रक्रिया केल्या आहेत. मुख्य नेत्रशल्यचिकित्सक डॉ. अविक् डे सरकार यांच्या



Camps







Kamala Sundaram Foundation
कमला सुंदरम फाउंडेशन
In collaboration with
Sundaram Natarajan Blind Free India Foundation

**FREE EYE CHECK-UP CAMP &
FREE CATARACT/RETINA SURGERY**

मोफत नेत्र तपासणी शिविर मोफत मोतीबिंदू/रेटिना शस्त्रक्रिया (अटी लागू)

*Commemorating
126th Birth Anniversary of
Dr. S. Nataraja Pillai
and 99th Birth Anniversary of
Prof. Dr. N. S. Sundaram*

Key Services

- ✓ Free Eye Check-up
- ✓ Cataract Detection
- ✓ Free Cataract Surgery / Retina Treatments / Retina Surgery*
- ✓ Low-Cost Spectacles
- ✓ Treatment by Experienced Eye Specialists

Please Register at the Camp Desk

*Free cataract surgery/retina treatment/retina surgery for eligible patients only and first come first served basis. Terms & conditions apply.



Satellite OPD at Dharavi



Diabetic Retinopathy CME



Make someone's world bright.

**EYE WANT
TO HELP!**

Join the movement.

Scan the QR code and take the pledge today.



Give the Gift of Sight

Your pledge to donate your eyes can help someone
see the world through your gift. Take the pledge
today.



Accomplishment

- More than 12 million lives touched.
- More than 3,50,000 slum households enumerated
- 180000 slum dwellers have been screened for diabetes.
- 6202 camps in Mumbai and other parts of Maharashtra.
- 5596 diabetics were evaluated for Retinopathy.
- “World Diabetes Federation” acclaimed our Diabetic Retinopathy project as one of the top five projects of Diabetes Care in world.
- Our work has been highlighted in international corner of American society of Retina specialist (ASRS).

Our Great Supporters for the Present Projects

- M/s ARN Capital
- Trust Investment
- Core Jewelry Pvt. Ltd
- Alykl Mines Chemicals Ltd.
- Orange Corporation
- Radiant Precicom Industries Pvt. Ltd.
- AGS Community Foundation
- Rotary Club of Mumbai Sion
- SSD Securities Pvt. Ltd.
- Minera Steel & Power Pvt. Ltd.
- AJERI Foundation
- Barjatya Family Charitable Trust
- Mr. G Anantharaman
- Oculas Medical Devices
- Padmashree Prof. Dr. S. Natarajan
- Mr. Sumukh Barve
- Adv. K G Menon
- M/s S. D. Finc-Chem Ltd
- Shri Sushil Jiwarajka
- GBK Charitable Trust
- Mr & Mrs Shankaran
- Kamala Dalmia Charity Trust

**With Your Support, We will be
one step closer to our aim of
“Blind Free Maharashtra”**

**We look forward to your continued support, the bank details
are as follows:**

Bank Name: Indian Bank
A/c Name: Kamala Sundaram Foundation
A/c No: 6232553298
Branch : BRANCH - MATUNGA BAZAAR ,
MUMBAI
IFSC Code : IDIB000M049
Branch Code: 00M049
MICR Code: 400019017



UPI ID : kamalasundrm5624@indianbk

Thank You


**Kamala Sundaram
Foundation**