

# SPECIAL POINTS OF INTEREST:

- Celebrating
   13th Anniver
   sary
- Award Win-
- Join hands with MCGM

## ADITYA JYOT FOUNDATION FOR

## TWINKLING LITTLE EYES

APRIL-JUNE 2018



#### Chairman's\_address

Greetings to AJFTLE on completing thirteen eventful years on 30 th June 2018 when the Foundation Day was celebrated with great gusto and a triumphant sense of achievement. Truly it was a celebration of the rise of the Foundation from its chrysalis years to one of Performing Eye Care Centre in Mumbai and around in carrying the fight against blindness to areas more prone because of lack of awareness compounded by abject living condition. It is no mean task and demands a dedicated core of understanding volunteers to serve with a missionary zeal in overcoming initial resistance of the target population, to make them understand the perils of blindness and accept the tests with the course of treatment offered or prescribed. It is not just Human Resources and Professional acumen of Doctors, but takes the entire gamut from financial support to collaborative efforts and synergies from like minded entities, local Authorities and a solid phalanx of well wishers. I have been associated with the Trust from the beginning and I am keenly alive to the teething difficulties in the initial stages in setting up the necessary infrastructure to carry on the activities In achieving the objectives of the Trust. Thanks to the teamwork and the tireless efforts of DrS.Natarajan, Mr.Sivanandan and the Board of Trustees duly supplemented by the call of duty demonstrated by the CEO Dr.Radhika, the Foundation could weather the trials and tribulations and achieve the renown it enjoys today.

Aditya Jyot has become synonymous with community based eye care with compassion by touching the lives of 8 million people through its outreach programs, door to door campaign in identified areas with vulnerable population, eye screening camps with the added support of fully equipped ambulance and of course performing cataract surgeries free or at subsidised rates. But this is all work in progress as the Foundation gears itself to the next level with Technology, Research and necessary wherewithal to combat blindness arising not only from known causes but a host of many other contributing factors including genetics and insidiously increasing incidence of diabetics. The future is full of challenges, as we embark upon an ambitious program with international participation and complete profiling of eye related disorders by building supporting data base in a digitised environment to create a new paradigm in affordable eye care. We in Aditya Jyot, are quite sanguine that we can achieve it with the expertise we have, the continuous research we undertake under the guidance of Research Scholars, the Foundation we have built with a value system of unswerving commitment to Service, and above all our ability to enlist the esteemed support of growing number of well wishers with our credentials in Pro Bono Publico.

We would aspire to be the torch bearer in the war against blindness and nothing would stop us . Best wishes for those laudable efforts





### **Our Donors**















### Visit of Mr Raheem Rehmatullah- Director of Sustainability, International Eye Foundation

Mr Raheem Rehmatullah (Director of Sustainability, International Eye Foundation) visited our Foundation and spent 2 days observing our work and projects.

Mr Raheem visited our vision centres to assess our outreach activities & gave his valuable suggestions to develop new strategies to make our outreach centres in Dharavi and Kandivali slum areas of Mumbai more efficient. Our team discussed strategies to improve cost efficiency of vision centres by enhancing revenue through opticals & surgeries. He shared his vast experience to increase output as well as outcome of vision centres to make it sustainable.

Mr Raheem attended Diabetic Retinopathy and Pediatric eye screening camps during his visit. He discussed challenges in the field with community health workers. He explained the importance of imparting correct knowledge among community and motivating Diabetics to live healthy life. He also visited our Genetic Lab and ophthalmic image reading centre where he discussed with Dr Rajkumar (Senior scientist, Lab Head) & Siddhita (Research assistant) research funding opportunities. We were enriched by his visit.

### Aditya Jyot Foundation welcomes its 2 New Trustees





Mr Sampat Kumar

Mr C Jagadeesan

Aditya Jyot Foundation is proud to welcome its two new trustees on the board: Mr Sampat Kumar and Mr C. Jagadeesan.

Mr Sampat Kumar has vast experience of more than 50 years in Planning and implementation of large scale projects in various sectors. The last position he served was Executive Director & Chief Executive Officer at The Park Hyatt Hotel, Hyderabad. At present, he is on the Board of Directors of Ion Exchange India, Mumbai. He is also a visiting faculty in prestig

ious management institutions of the country. Mr Sampat is very keen to serve underprivileged communities through his enormous knowledge in diverse fields.Mr Jagadeesan is a childhood friend of Dr S S Badrinath (Founder and Chairman Emeritus of Sankara Nethralaya, Chennai). Mr Jagadeesan has more than twenty-year experience in Management training. He was marketing consultant for Multinational Companies. He was a Visiting Faculty at Tata Management Centre, Pune, and IIM, Bangalore. Mr Jagadeesan is fluent in many languages and currently he is teaching Sanskrit to interested students In Mumbai. We heartily welcome Mr Sampat Kumar and Mr C. Jagadeesan on our Board, and look forward to their guidance to sustain our charitable activities in Mumbai and other parts of Maharashtra.

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Aditya Jyot Foundation For Twinkling Little Eyes celebrated its 13th Foundation Day on 30th June 2018, at the Nehru Centre Auditorium, Worli, Mumbai.

## "Vision: To provide quality eye care to all those in need through a system based on community participation & commitment."

Carrying on the same vision, AJFTLE successfully completed 13 glorious and tremendous years of its existence.

The day gave us the chance to acknowledge community partners, collaborators and well-wishers for their support throughout our journey.Dr. Radhika, CEO gave an update about ongoing projects, while Prof. S. Natarajan, Managing Trustee, spoke about the future vision of the foundation. Over the years, We invited our friends, well wishers and the community at large to celebrate the gift of vision and the joys which all humans enjoy.the foundation has also included research as one of its focus areas.

Prof Govindasamy Kumaramanickavel, Research Director presented the vision of research department. As part of the foundation day celebrations this year, the foundation felicitated all its partners and

supporters. It was a day set aside to celebrate our history and revisit and reconnect with the continuing journey of the foundation.



**ONE OUT** 



## AJFTLE join hands with MCGM Public Health Department to eradicate diabetes related blindness

Aditya Jyot Foundation for Twinkling Little Eyes (AJFTLE) is pleased to announce its collaboration with MCGM for screening of diabetics for retinopathy in municipal dispensaries of Mumbai, from 1<sup>st</sup> week of August, for a period of one year. India has become the diabetes capital of the world with 25% of diabetics having diabetic retinopathy. AJFTLE, in its endeavour to eradicate avoidable blindness, has joined hands with MCGM, to screen all the diabetics visiting the municipal dispensaries, for retinopathy , and provide treatment to those in need at an affordable cost. A pilot project was done with MCGM in the year 2013 where 817 cases of



diabetics were screened and 120 probable cases of diabetic retinopathy were identified showing a 15% prevalence of diabetic retinopathy. As a continuation of this work, AJFTLE will screen all diabetics in municipal dispensaries, for eye disease. A technician will be send to the dispensaries where an image of the retina will be taken. The image will be read by an ophthalmologist through teleophthalmology and diagnosis provided. All those requiring further management will then be called on a prefixed day and place where an ophthalmologist would provide treatment in a van equipped with fluorescein angiography and laser. Further treatment can be provided at the hospital at an affordable cost. We are working towards extending the reach of our services in all districts of Mumbai and later to the entire country.

This screening will have a great impact on the society. Diabetic retinopathy is a major cause of preventable blindness in the working age population. Early diagnosis and treatment of diabetic retinopathy will prevent vision loss and improve the quality of life.

#### THE SAO AWARD OF EXCELLENCE

The SAARC Academy of Ophthalmology conferred the SAO Excellence award on Dr S Natarajan, Managing Trustee of AJFTLE for his excellent credentials and significant contribution to SAO. The Academy bestowed this award during its biennial conference in Kathmandu in June 2018. The Foundation is proud of its mentor and founder as he charts a course for the organization.

#### MOS AWARD FOR COMMUNITY OPHTHALMOLOGY

The CEO Dr Radhika Krishnan was recognized by the Maharashtra Ophthalmological Society for her work through the Foundation for prevention of blindness. The Society has bestowed upon her the Aurangabad Association of Ophthalmology's award for community service to a non ophthalmologist. The team is proud of her achievements and the leadership she has provided in the Foundation's growth.

#### Short term course on Community Outreach and Social Marketing of Eye Care Services

Sagar Chakor, Program Coordinator underwent a short term course on Community Outreach and Social Marketing of Eye Care Services at Aravind Eye Hospital (Madurai) to improve his skills in Community outreach.

He learned a lot about sustainability and implementation of eye care services in community settings; community participation and fund raising with the help of local donors were major components of the training course.

He attended various eye screening camps in rural parts of Madurai where he got exposure in managing activities in resources poor settings. He improved on his understanding of outreach processes, starting from planning to post-operative management. He also learned to market the eye care services to make a sustainable model. We had particular sessions on Community Outreach planning, execution and revenue generation. Sagar says "It was a wonderful experience for me and I will put my best efforts to implement my learnings in Aditya Jyot Foundation for Twinkling Little Eyes."





#### **Our Branches**

#### **Dharavi Centre:**

Shop No 7, Uday Co-Op HSG Society, Ltd, Near Chota Sion Hospital, 60, Feet Rd.Dharavi. Mumbai – 400017

#### Kandivali Centre:

Room No 6, Ramujagir K Yadav Chawl, Akurli Road, BhagarwalaChawl, Kandivali East, Mumbai – 400101

website: www.ajftle.org .
Email Id: secretary.ajftle@gmail.com
Phone: 24100034/ 24177613/ 9833500580

#### **Mulund Centre:**

102-b Varadlaxmi, Near Jay Ganesh Cinema, Gokahle Road, Mulund (E), Mumbai-400081

#### FROM THE CEO

One person can make a difference and everybody should try." – **John Kennedy** 

As the projects we have initiated gather momentum it is important that we gather our friends & supporters together to go that extra mile, to make a difference to one more vision impaired

Our project in the slums for screening children has attracted worldwide attention as we are doing it at home. The work with the Municipal Corporation for screening diabetics in the dispensary is our 1 st step in our STOP Blindness initiative which is being planned on a national level with support of giants like the Tata Trust & the Govt of India.



Dr Radhika Krishnan, CEO.



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